

00:20:34 Elspeth Cypher: hello, I am in Massachusetts. Ellie Cypher
00:20:38 Deborah Smith: Hi. From Chase British Columbia
00:20:51 Michael Ann Dodson: hi, im michael ann in las cruces, nm
00:20:52 Vajra Ma: Hello from southern Oregon, unceded Takelma land
00:20:54 Jenni Karlovitz: Lake Michigan, Illinois corner
00:20:55 Julia Orr: Hi coming in from Napa, CA
00:21:00 Sonja Z: Good evening from Munich, Germany
00:21:02 Elisabeth Marsh: hi, greetings from Germany
00:21:04 Debs Tilley: We say hello from Berkhamsted, UK.
00:21:12 Ronnie Leah: greetings from Calgary Canada
00:21:12 Bob Reckhow: from Vancouver Island, BC Canada
00:21:13 Yasemin Belkiran: Hi from the Middle-Rhine valley in Germany
00:21:15 Marion Gerlind: Guten Morgen from the Gerlind Institute in
Oakland, California!
00:21:19 Diane Vella: Diane Vella, Rockport, Mass
00:21:22 Liliana: Greetings from san Antonio TX!
00:21:22 Nina Bauer: Thank you
00:21:26 Fabian Kirsch: hello, greetings from göttingen, germany
00:21:33 Nina Bauer: Nina Bauer, St Petersburg Fl USA
00:21:35 Betsy Webb: Betsy and DD in Kjubuctuk, Mig'magi (Halifax, Nova
Scotia, Canada)
00:21:36 Judith Wouk: Remember if you want everyone to see, you need to
change the "To" line to "Everyone"
00:21:46 Dido Dunlop: hi dido new zealand
00:21:47 Sharon Barnes: Greetings from the Midwest, USA.
00:21:50 Carla Ionescu: Hi from Toronto Canada
00:21:59 Carla Ionescu: Thanks for that reminder Judith
00:22:07 Judith Wouk: Greetings from unceded Algonquin-Anishnabe land,
otherwise known as Ottawa, Canada
00:22:25 Toi Carter: Hi, Toi Jean Carter from Bvlbancha/New Orleans
00:22:28 Nina Levy: Hi from Brooklyn, NY. Thank you!
00:22:51 Genevieve Vaughan: Hi this is Gen from Rome
00:23:09 Shana Deane: greetings from eugene, Oregon!
00:23:12 Rainbow Marjanovich: Hello from Owego, NY <3
00:23:12 DL Hamilton: Dielle from WV. I have been to several salons - I
think knowing of them thru Helen of MAGO - but was happy to see a
promo for this from Miki Kashtan.
00:23:19 Ruth Meeron: Ruth from Baltimore, Md. USA
00:23:31 Charlotte Melde: Hello from Charlotte in Germany, Nürnberg
00:25:04 Diane: Heide's book available @ [https://www.peterlang.com/
document/1254968](https://www.peterlang.com/document/1254968)
00:26:24 Letecia Layson: Hallo from Nürnberg Germany. Greetings to
everybody. This is Sibylle Kistro-Völker
00:26:59 Ute Grepel: Grüß Göttin aus Berlin. Hier ist Ute
00:27:31 Dieynaba Ndiaye: Dieynaba from Senegal
00:27:36 DEBORAH VANCE: Hi from sw Ohio USA
00:27:38 Patricia Herr: Kwe' - Hi form Düsseldorf. Sorry for beeing
late. Love you, dear lovely wise Ladies, Patricia 🌹 ✨
00:28:34 Vajra Ma: Hello Shana Deane from Eugene Oregon---that's my
hometown!!

00:29:40 Marie Long: hi Vajra
00:30:22 Amina Rodriguez: Hello, from Florida
00:34:38 Jenni Karlovitz: 💕
00:36:15 Elizabeth Gregory: Hi from U Houston and the Institute for Research on Women, Gender & Sexuality
00:38:21 Jenni Karlovitz: 💕
00:38:51 Genevieve Vaughan: How wonderful Heide
00:38:59 Rosemary Curtiis: Hello from Southampton UK
00:39:12 Vajra Ma: Hi Marie Long!
00:40:18 Patricia Jimenez Zepeda: Hello from Ireland and Trinity College Dublin Gender and Women's Studies
00:40:33 Letecia Layson: Matriarchy in Bronze Age Crete
A Perspective from Archaeomythology and Modern Matriarchal Studies
By Joan M. Cichon <https://www.archaeopress.com/Archaeopress/Products/9781803270449>
00:41:20 Dlyn Fairfax: what was the name of book just mentioned?
00:41:35 Dlyn Fairfax: the something goddess
00:41:38 Dlyn Fairfax: ?
00:41:50 Mary Condren: Vicki Noble "The Double Goddess"
00:42:01 Dlyn Fairfax: thank ye
00:42:01 Letecia Layson: Double Goddess by Vicki Noble <https://www.simonandschuster.com/books/The-Double-Goddess/Vicki-Noble/9781591430117>
00:42:36 Carla Ionescu: Thank you for all these links Letecia, looks like I'm book buying today lol
00:42:51 Dlyn Fairfax: love me some books!
00:42:57 Carla Ionescu: Same same!
00:43:16 Joan Marler: Hello to Heide and everyone. Joan Marler here from Sebastopol, California.
00:44:05 Carla Ionescu: Ive seen the Jordan piece live and it never occurred to me it was mother. That makes so much more sense
00:52:08 Sioned Cati: Beautiful!
00:56:15 Julia Orr: The Tree of Life = The Mother Line! Lightbulb moment!
00:56:54 Vajra Ma: Julia--yes!!
00:57:28 Amina Rodriguez: Yes!
00:57:31 Elspeth Cypher: Julia - yes!
01:04:38 Xiola Bromley: absolutely amazing. thank you.
01:04:43 Amina Rodriguez: Thank you so much Heide
01:04:45 Dlyn Fairfax: Thank you
01:04:51 Carla Ionescu: Thank you that was wonderful
01:04:55 Jenni Karlovitz: 💕
01:04:57 Amina Rodriguez: fascinating
01:05:02 Adriana Kortlandt: Thank you! Wonderfull!
01:05:14 Carla Ionescu: Same @letecia
01:05:38 Sonja Z: Thanks a lot, Heide. Great presentation. It is so much easier to discuss your ideas now that books are translated into English.
01:05:40 Vajra Ma: Brilliantly eye-opening!!! The Motherline!

01:06:06 Elspeth Cypher: this is so exciting!
01:06:16 Tracy Gary: Brava. Amazing analysis, research and also herstorical record setting. What amazing connections you have enabled us to see. Thank you Heidi and the archeologist!
01:06:22 Elspeth Cypher: thank you
01:07:15 Carla Ionescu: Great question
01:09:05 Tracy Gary: Have you considered sharing these with Hallie Iglehart or others who have documented the ancient Goddess and matriarchal images. She has two books of art. I am happy to connect you by email and the link to her books, and she to yours. So exciting to see the images and learn about how matriarchy functioned. NO NEED to call this out but I hope to followup. IS there a network of scholars who share images also?
01:11:10 Elizabeth Gregory: Just knowing that patriarchy is a fairly recent historical phenomenon liberates thinking for students and everyone, allowing awareness of alternative models.
01:11:41 Dlyn Fairfax: Appreciate that @elizabeth
01:11:49 Patricia Herr: Hurra! So good to celebrate all these wonderful cultural roots and female traditions and powers 🙏
01:12:12 Tracy Gary: So remarkable the depth of your wisdom and studies, and that you Heidi are guiding us ahead in your classes. Thank you.
01:12:19 Xiola Bromley: so much joy from this- Thank you so much.
01:13:29 Shana Deane: request: it could helpful to post in th chat, the question being read
01:13:34 Amina Rodriguez: I think it does help to use Goddess as opposed to God, imo.
01:13:37 Letecia Layson: International Academy for Modern Matriarchal Studies & Matriarchal Spirituality, beginning March 12
6 Sundays March 12, April 23, May 14, June 11, July 16, and August 13, 2023
1-3 PM ET (NYC TIME) \$180.00
Matriarchal Societies: A Live, Online Book Club Led by Dr. Heide Goettner-Abendroth, Founder of The International Academy for Modern Matriarchal Studies & Matriarchal Spirituality, beginning March 12 - Morbid Anatomy <https://www.morbidanatomy.org/classes/matriarchal-societies-a-live-online-book-club-led-by-dr-heide-goettner-abendroth-of-the-international-academy-for-modern-matriarchal-studies-and-matriarchal-spirituality-beginning-march-12>
01:13:40 Letecia Layson: Sundays March 12, April 23, May 14, June 11, July 16, and August 13, 2023
1-3 PM ET (NYC TIME)
01:14:18 Liliana: the question being asked is in the Q and A
01:14:44 Amina Rodriguez: yes!
01:14:55 Dlyn Fairfax: hahasay goddess to make them angry
01:15:05 Maritess C: Lol!
01:18:02 Shana Deane: I see only my own questions in the Q&A window.

do others see the question being asked??

01:18:39 Amina Rodriguez: I don't see them either Shana

01:18:48 Liliana: I dont see your question
01:18:58 Maritess C: I think the questions just go to panalists, not viewers
01:19:32 Dlyn Fairfax: 'Many ways to lead us out of this mess' warms me
01:20:01 Dlyn Fairfax: only panel sees questions
01:20:10 Dlyn Fairfax: from Q&A
01:20:51 Tracy Gary: Iglehart. I G E L H EA R T She lives in NO CA. I can connect you and Hallie if you seek connectivity. She has a website.
01:21:34 Marie Long: Gimbutas had 100s of pictures
01:22:15 Vajra Ma: One factor that figures into the emergence of patriarchy that I have never heard mentioned is the existential fear that can take hold in being incarnated into 3D, forgetting our soul-spirit source and dimension. Once various factors such as scarcity, natural disasters and such occur, this fear could set in more prominently and so the escalation into domination would unfold. I get this perspective from studying the spiritual-mystical correlations with quantum physics.
01:23:02 Shana Deane: thx everyone.

@leticia/host

so my request stands.... to post the questions read in the chat for those of us with language/accent challenges. thank you for considering now and for the future

01:23:28 Vajra Ma: Agree with Shana.
01:24:35 Diane: Thank you Shana. We will work on that.
01:24:44 Bob Reckhow: I also agree with Shana Deane
01:24:45 Dlyn Fairfax: There is a tab that says all questions in the Q&A - but the other panelists have not written their questions in the q and a section
01:25:19 Cecile Keller: matriform
01:25:43 Letecia Layson: Thank you Cecil
01:25:58 Shana Deane: +vajra... yes re: 3D incarnation and forgetting our soul-spirit source
01:26:21 Shana Deane: thank you diane 🌸
01:26:58 Dlyn Fairfax: @vajra the contagion of fear and the rise of patriarchy?
01:28:02 Vajra Ma: @ Dlyn, yes.
01:29:44 marta benavides: lower and upper clases... careful with the language? the impoverished, the enriched clases? pls? marta
01:30:47 Shana Deane: thk u @marta for that languaging awareness!
01:31:02 Ruth Meeron: yes ..important to change wording !
01:33:31 Deborah Smith: Riane Eisler is another academic who has some excellent work on cultural and anthropological evolution and offers a perspective on partnership economies
01:35:18 Amina Rodriguez: I like Riane's work too, I've read a couple of her books.
01:35:45 Patricia Herr: Marshall Rosenberg, who analysed the mechanisms of violance an ninviolent communication, explains that violence is the tragic expression of unaware unfulfilled needs. Depends on the

society how much awareness there is for our feelings and Needs.

01:36:05 Deborah Smith: Also she uses the term "Dominator" as a model of the systems we use. Might be a break from the overuse of trigger words. ???

01:36:19 Marie Long: Eisler signaled my re-entry into feminist study. "patriarchy is a 5000 year detour"!

01:36:20 Amina Rodriguez: I agree with Marshall on that, he makes good points.

01:37:12 Patricia Herr: .. sorry for the mistakes. I have a problem with my screen making it hard to see what I write...

01:37:23 Shana Deane: @liliana - the question is not in the chat

01:40:00 Amina Rodriguez: just like the capitalists of today, very parasitic

01:40:10 Julia Orr: I appreciate Dr Goettner Abendroth offering this presentation in English ... I couldn't do the same in a second language.

01:40:17 Dlyn Fairfax: sad - matriarchal elements within patriarch "not strong enough to free themselves from the patriarch" I will add - yet!

01:40:25 Deborah Smith: I also feel strongly that we have to start seeing our way out of the greed, corruption, and perpetual war that we find ourselves being forced into. The question for me becomes, 'how do we strengthen our men to be courageous and how do we support them'?

01:40:55 Deborah Smith: I love the men around me. I don't love the men who are corrupt, psychopaths, and warmongers.

01:41:07 Amina Rodriguez: that's a tough one Deborah when so many won't allow us to support them

01:41:37 Amina Rodriguez: I think it takes the good men showing more support

01:41:40 Deborah Smith: Many are dying inside. I see it. I feel it. I am sad. They are suffering

01:41:48 Amina Rodriguez: they are

01:42:08 Vajra Ma: Yes, Amina. Today's parasites such as Bezos, Elon Musk, Bill Gates, trump, etc

01:42:21 Amina Rodriguez: yes, its infuriating

01:43:00 Dlyn Fairfax: Yes "If men are cooperative they should support us"

01:43:00 Julia Orr: Well said. We have supported men for centuries.

01:43:10 Amina Rodriguez: men are the ones that should be supporting and educating other men

01:43:25 Vajra Ma: I agree with Heide---if we focus on supporting men we are off course. They are to support us. There they will stop "suffering" and "dying inside".

01:43:26 Marie Long: all men benefit from patriarchy. support girls and women

01:43:28 Patricia Herr: Hanging on to the concepts of Nonviolent Kommunikation, my answer would be: Make them Aware of true Feelings and Needs, how to fulfill them and how to take care not only of their own Feelings and Needs but also consider the Feelings and Needs of others.

01:43:30 Sioned Cati: Yes!

01:43:39 Emma Quayle: Re men, read Bell Hooks' "The Will To Change", she goes into depth about the challenges for men under patriarchy and pathways for transformation.

01:43:42 Tracy Gary: I realize there is not likely a body of work about women loving women and their independence as part of the matriarchal studies. There is a new 215 page report published by the Human Rights Watch and funded by an a new nonprofit called Lesbianlboal.org The evidence of lesbian invisibility NOW and likely then is probably not in studied texts. But I do wonder if the role of lesbian leadership as fierce defenders of womens independence and the carriers of many of matriarchal values and practices of loving and valuing women and creating alternatives to patriarchy.

01:43:42 Dlyn Fairfax: not between women and men it is against a whole system that makes us all unhappy!

01:43:45 Carla Ionescu: Agreed, it is time that they support us in the fight against patriarchy

01:43:48 Deborah Smith: Its to be cooperative

01:44:30 Deborah Smith: in the battles that we all find ourselves in

01:44:31 Amina Rodriguez: I agree Dlyn

01:44:42 Marie Long: it is not men who are being raped, who are the victims of porn and prostitution

01:45:00 Amina Rodriguez: some men are but yes its mostly women

01:45:05 Deborah Smith: Men and boys are raped too

01:45:10 Deborah Smith: it happens

01:45:21 Vajra Ma: @TRacy--lesbian contribution is crucial to recognize and to bring lesbian visibility forward now.

01:45:23 Deborah Smith: mostly women

01:45:30 Dlyn Fairfax: strong @Tracy

01:45:32 Deborah Smith: but violence happens to all sexes and ages

01:45:58 Emma Quayle: ^ Read Bell Hooks ~ Will To Change

01:45:58 Jenni Karlovitz: 💕

01:46:10 Marie Long: violence is perpetrated 99% by men

01:46:11 Dlyn Fairfax: "matriarchal society would never overuse the ground"

01:46:11 Bob Reckhow: See Miki Kashtan's "Love Letter to my Brothers" for more on how men can support women and vice versa.

01:46:25 Vajra Ma: @ Deborah, no one is saying men are not suffering. But their way out and through is to support women with vision. Support women.

01:46:59 Deborah Smith: I'm not debating that

01:47:00 Dlyn Fairfax: miki Kashtan Love letter to my brother <https://thefearlessheart.org/a-love-letter-to-my-brothers/>

01:47:05 Sonja Z: @ Tracy: I agree. I have been thinking about that, too.

01:47:18 Toi Carter: I'm very curious about the history of 2 spirit, intersex, and transpeople in the historical context and the lessons we can learn from that history to help bridge current rifts between trans folks and women led spaces. I think there are probably lessons there...

01:47:22 Marie Long: as Daly said, saying men too is a way of ignoring the problem

01:48:23 Deborah Smith: It's necessary to realize that we are unable to support anyone, if we are limited in our understanding of where we are supposed to be, and what the future will be for the future generations

01:48:41 Patricia Herr: ...hm .. it is time that they free themselves from the boundaries and paradigms of patriarchy, that makes us all sick. Gladly there are a few movements where men meet to work on this. Lets hope they will be more as more men are no longer willing to sacrifice themselves on the battlefields of our current society. By the way - those who reconnect to the indigenous kinship worldview also do.

01:49:03 Deborah Smith: The past and knowing it, the truthful narrative is imperative to change the "dominant" narrative

01:49:06 Vajra Ma: @ Toi==first people need to understand how the phenomena of those in liminal space of sex is playing out very differently than in indigenous cultures.

01:49:08 Amina Rodriguez: yes Daly was right

01:49:08 Patricia White: "We tickled her with pleasure; she gave forth with laughter" - description of gathering food by a local Indigenous Grandmother.

01:49:50 Amina Rodriguez: men need to realize that the problem is hierarchies of power over others that needs to change and how that affects them negatively too

01:49:55 Sharon Barnes: Thank you so much for this presentation, and for your clarity, Dr. Goettner-Abendroth. Your words always inspire and motivate me.

01:50:06 Patricia Herr: Aho, Patricia White *:->

01:50:54 Tracy Gary: lesbians is a word that is ok to use.

01:53:21 Amina Rodriguez: I think everyone should be free to be who they want to be as long as no one is violating anyones sovereignty

01:53:58 Vajra Ma: In indigenous societies there was no lie about "changing sex". It was about changing societal roles. No lie about the body and no aggression against women as it is playing out today. Follow the money, btw. www.the11thhourblog.com

01:54:24 Amina Rodriguez: yes Vajra, its all about the money

01:54:38 Marie Long: yep, Vajra!

01:54:42 Vajra Ma: <https://www.the11thhourblog.com/>

01:55:54 Carla Ionescu: I have seen these double figurines in every single museum I have visited

01:55:56 Marie Long: I wonder if we could have a whole session on current matriarchal societies....

01:56:14 Carla Ionescu: that would be interesting Marie

01:56:39 Carla Ionescu: thats a great question

01:56:52 Marion Gerlind: The mother-daughter interpretation can also be a projection and not the lesbian couple interpretation.

01:57:09 Shana Deane: + @marie - whole session on current matriarchal societies

01:57:24 Amina Rodriguez: its more likely a mother/daughter which would show the matriline

01:57:29 Darcia Narvaez: It's important to understand how the dominant culture undermines child development (lack of Evolved Nest). Male children develop more slowly and have less built in resilience and so

need more of our evolved nest, but in patriarchy get less. So you have underdeveloped males who are dysregulated, insecure, fearful and necessarily orient to domination/submission dynamics because they are built in from our primate heritage. The cooperative human nature of our ancestors requires evolved nest experience. This is what I study. See <https://www.EvolvedNest.org>.

01:57:43 Carla Ionescu: Agreed Amin

01:57:46 Deborah Smith: Bingo! We are not on the same page when it comes to understanding definitions and the words we are using

01:58:02 Patricia Herr: Hi Darcia 💕

01:58:18 Carla Ionescu: Amina

01:59:08 Carla Ionescu: This makes sense, matrilineal can exist in patriarchy and still not have power

01:59:10 Amina Rodriguez: interesting Darcia, I think men develop much more slowly and need more nesting time, and I doubt anyone is an adult at 18

01:59:29 Jenni Karlovitz: the patriarchy ignores the role of soil and water

02:00:16 Amina Rodriguez: they see everything as a resource to conquer

02:00:28 Toi Carter: Apologies, I have to leave early. I appreciate this offering and I look forward to watching the rest on the recording.

02:01:20 Wade Pickren: I agree, Darcia. As a man, I know from experience that men develop more slowly but expectations of them often do match that developmental process

02:01:51 Wade Pickren: Do not match

02:02:02 Shana Deane: @HOSTS : request to save the chat and make it available with the recording. (i cannot save it myself)

02:02:04 Amina Rodriguez: Wade I think we also expect less from men than from women in regards to emotional maturity and that needs to change

02:02:22 Wade Pickren: I agree

02:03:17 Amina Rodriguez: lol

02:03:58 Diane: Yes, the chat will be posted with the video. Zoom does not allow attendees to save the chat in the webinar format.

02:05:07 Iris Baumann: Here is another Fan from Heide, spreading her knowledge: <https://institut-matriarchatswissen.de>

02:05:50 Diane: Heide's website - <https://www.hagia.de/en/international-academy-hagia/>

02:06:27 Deborah Smith: The farm I live at practices regenerative farming principles. It is only because of the love of the parents and their son and his family that I have healed from a life that is rich in land and soil health, nutritious food, and a deep spiritual connection to the nature all around me. All my relations

02:07:35 Jennifer Moiles: Great question

02:08:44 Amina Rodriguez: yes that would be very interesting, thank you so much Heide!

02:08:44 Shana Deane: @deborah - so happy to read that about where you live!

02:09:11 Wade Pickren: 💚 on your post Deborah, so important

02:09:55 Patricia Herr: Oh yes... May you all live long and prosper 💕

02:11:36 Amina Rodriguez: definitely

02:12:25 Marie Long: thanks much Heide, Letecia, and Genevieve. very interesting session.

02:12:27 Deborah Smith: 💕 Indeed may we all find the love, divinity, and sovereignty to move our amazing human family forward. love love love to all

02:12:35 Ruth Meeron: We must support groups who are matristic , cooperative, spread them in a larger circle wherever they exist, and publicize them...to grow from grassroots another system.....promote positive change right now

02:13:48 Diane: Heide's book available @ <https://www.peterlang.com/document/1254968>

02:14:08 Wade Pickren: 🍀 I agree very much Ruth!

02:14:29 Ruth Meeron: and there are TWO stories in Genesis....one is better..we need to see both...and revise our view

02:14:38 Emma Quayle: go too www.nglcommunity.org for our explorations and offerings into what we can do to mobilise together towards something different (a world that holds sacred and cares for all of life)

02:17:04 Amina Rodriguez: Thank you Emma

02:17:21 Emma Quayle: 😊

02:18:15 Amina Rodriguez: Yes!

02:19:01 Amina Rodriguez: Yes we can!

02:19:20 Carla Ionescu: thank you heide!

02:19:22 Nina Levy: Thank you!

02:19:23 Sioned Cati: Thank you Heide

02:19:26 Darcia Narvaez: Thank you for the marvelous work, Heidi!

02:19:26 Jenni Karlovitz: 💕

02:19:32 Amina Rodriguez: Thank you so much, so grateful to all of you ladies & your works!

02:19:36 Yasemin Belkiran: <3 Thank you so much for your vital work and for sharing your wisdom here with us, Heide!

02:19:37 Iris Baumann: Thank you

02:19:42 Liliana: Thank you Heide!

02:19:43 Deborah Smith: thank you

02:19:47 Sharon Barnes: Deep gratitude and great good wishes to all.

02:19:50 Sonja Z: Thank you all. Great evening.

02:19:50 Julie Wynnfrith: Thank you! 🙏

02:19:59 Wade Pickren: Thank you!!!

02:20:04 Shana Deane: thank you all! 🌸🌿💕🌟

02:20:05 Diane: Register for Salon #42 – The Gift of International Feminism @ <https://www.maternalgifteconomymovement.org/salons/>

02:20:09 Ava/Museum of Woman: What a blessing you all are ... thank you, sisters. Deep gratitude.

02:20:09 Francesca Lulli: Thank you!!

02:20:44 Patricia Herr: 🙏

02:20:53 Diane: Register @ <https://www.maternalgifteconomymovement.org/salons/>

02:21:03 Paul Eagle: Danke!

02:21:25 Leona Graham: May our ancestral mothers bless this Great Work

02:21:29 Amina Rodriguez: 🙏

02:21:56 Diane: <https://www.maternalgifteconomymovement.org>

02:22:24 camille ventura: Thank you for the wonderful presentation, I recently came across this work and feel at home here

02:22:51 DL Hamilton: Only gave this half attention and still learned a lot; will listen to recording.

02:23:20 marta benavides: Will you share the questions and also the chat.. we can not copy them.. marta

02:23:33 Diane: Yes, Marta

02:23:37 Frieda Werden: Wow

02:23:55 Amina Rodriguez: Yes! Thank you so good to listen to you lovely ladies!